



HAPPY IN ARKANSAS!

"Had the test for InterStim® and passed with flying colors. Now I have the implant that allows me to go places without first checking to see where every bathroom is located."



ONE OF THE BEST DAYS OF MY LIFE!

"I was invited to a seminar and liked what I heard. Dr. Taylor explained everything so well and answered any questions. Dr. Taylor and all his staff have been just GREAT. Do yourself a favor and check it out!"



I WISH I WOULD'VE GONE TO HIM A LONG TIME AGO!

"I'm sleeping all night which hasn't happened for years."



HAS CHANGED MY LIFE!

"The best thing I ever did was see Dr. Taylor about my bladder leakage —I feel normal again!"

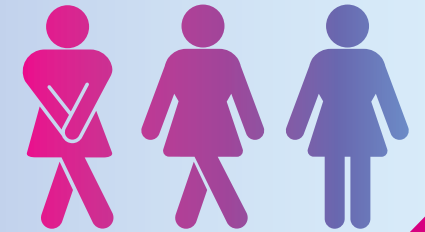


SMALL TOWN CARE!

"I was tired of the local overgrown hospitals that don't return your calls. I drove over an hour to see Dr. Taylor and it was well worth it. I'm a registered nurse—I would recommend him to anyone."

FOLD LINE - will not be printed

Instructions for Test



InterStim® Therapy for Bladder and Bowel Control

Appointment & Transportation Manager:

(870) 416-0904

Congratulations on taking the first step towards restoring control and reclaiming your life!

This FAQ may help answer questions you have regarding your appointment to see Dr. Taylor for the **InterStim® test procedure**.

It's important to know that you are not alone and we are here to help!

Before Arriving

General Instructions

- Please shower and wash the area around your tailbone with antibacterial soap the night before or morning of your test.
- You may eat and drink normally the day of the procedure.
- Wear loose, comfortable clothing.

Medication Instructions

- You may take all of your medications like normal.

Anesthesia

- You will receive local anesthetic (numbing medication) in the area of the procedure (just above the tip of the tailbone). You are **NOT** required to have general anesthesia or IV sedation for the test.
- You may drive yourself on the day of the test procedure. You are **NOT** required to have a driver.
- If you are using our transportation services, you may come alone or you may bring one family member or friend to ride with you.

Day of Procedure

Before Procedure

- Please plan to arrive at your scheduled time.
- Your family member or friend may accompany you into the exam room.
- Vital signs will be taken and you will sign your consent forms.
- You will have a consultation with Dr. Taylor.
- You will change into a patient gown and be escorted to our procedure room for the test.

During Procedure

- The test **procedure** generally takes 5–10 minutes.
- We will assist you onto the table and position you on your abdomen.

- Dr. Taylor will give you two shots of numbing medication approximately 3" above the tip of your tailbone.
- Dr. Taylor will place two little hair-like wires underneath the skin, right next to the nerves that control your bladder/bowels—there are no incisions required.
- Dr. Taylor uses fluoroscopy (continuous x-ray) to precisely place these wires next to the nerve.
- Our staff will use medical tape to secure the wires to the skin during the test period.

After Procedure

- You will change back into street clothes and the Medtronic InterStim® technician will provide instructions regarding activities during the **3–4 day test period**.
- Our staff will review instructions and schedule your next appointment.

After Leaving

Medications

- Most patients report little to no discomfort in the area where the little wires were placed.
- If you do experience discomfort, most patients report that Tylenol is sufficient for pain relief.

We are excited for you and looking forward to helping you before, during, and after your procedure!

Sincerely,

Chris Taylor

Dr. Taylor and Staff

